Heparin Oligosaccharides as Potential Therapeutic Agents in Senile Dementia

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Abstract: Heparin is a glycosaminoglycan mixture currently used in prophylaxis and treatment of thrombosis. Heparin possesses non-anticoagulant properties, including modulation of various proteases, interactions with fibroblast growth factors, and anti-inflammatory actions. Senile dementia of Alzheimer’s type is accompanied by inflammatory responses contributing to irreversible changes in neuronal viability and brain function. Vascular factors are also involved in the pathogenesis of senile dementia. Inflammation, endogenous proteoglycans, and assembly of senile plaques and neurofibrillary tangles contribute directly and indirectly to further neuronal damage. Neuron salvage can be achieved by anti-inflammation and the competitive inhibition of proteoglycans accumulation. The complexity of the pathology of senile dementia provides numerous potential targets for therapeutic interventions designed to modulate inflammation and proteoglycan assembly. Heparin and related oligosaccharides are known to exhibit anti-inflammatory effects as well as inhibitory effects on proteoglycan assembly and may prove useful as neuroprotective agents.

INTRODUCTION

The history of heparin began in 1916 when McLean discovered a substance derived from canine liver that prevented blood from clotting [1]. The new anticoagulant was named ‘heparin’, reflecting the compound’s abundance in liver. Heparin was not practically applied by doctors until the early 1930s when large-scale isolation procedures on beef lung and porcine intestinal mucosa were developed to make heparin available in a purified, plentiful and inexpensive supply safe for human use. An early documentation of the clinical trials of heparin was published in 1939 and the effectiveness of heparin treatment in the prevention of postoperative thrombosis was quickly established [2]. The use of heparin also became essential for cardiovascular surgery to maintain extracorporeal circulation of blood through the heart-lung machine. Even today, though challenged by low molecular weight heparins and synthetic anticoagulants, heparin plays a pivotal role in the treatment and prophylaxis of multiple thrombosis-related diseases, such as venous thromboembolism, myocardial infarction, and unstable angina [3].

Heparin owes its popularity and importance to the remarkable array of its poly-component properties and accordingly, its various biological activities. Investigations have characterized heparin as a polysaccharide mixture, which is naturally present in the granules of mast cells of several tissues such as lung, skin, ileum, lymph nodes, thymus and liver. Most of the studies performed on structure and function of heparin have concentrated on understanding its ability to inhibit blood coagulation. In the 1970s, the mechanism of heparin-antithrombin interaction was first elucidated, which is responsible for the major anticoagulant activity of heparin [4]. Subsequently, it was discovered that heparin binds to and potentiates the activity of antithrombin through a unique pentasaccharide sequence [5]. Fig. (1) illustrates the chemical structures of natural pentasaccharide and its synthetic analogue. In recent years, the research focus on heparin has broadened to include a range of non-anticoagulant applications, such as anti-inflammatory properties in asthma, modulation of neovascularization and the control of tumor angiogenesis.

Low molecular weight heparins, also referred to as low molecular mass heparins, are a group of heparin-derived fragments that emerged during the last quarter of the 20th century [6]. In the mid-1970s, several standard procedures were developed for controlled heparin depolymerization to prepare low molecular weight heparins. The discovery that heparin fragments maintained a similar antithrombotic activity while exhibiting reduced anticoagulant effects as compared to unfractionated heparin prompted extensive research on the lower molecular weight fragments. Numerous preclinical and clinical trials examining the prevention and treatment of venous thromboembolism followed in the 1980s and continue today. Low molecular weight heparins are now being used widely as antithrombotic agents, either prophylactically after surgery or therapeutically for deep vein thrombosis [7]. The first approval of a low molecular weight heparin from the U.S. Food and Drug Administration was granted in early 1993 for enoxaparin. Currently, there
are three low molecular weight heparins, namely dalteparin, enoxaparin and tinzaparin, available in the United States.

The widespread use of low molecular weight heparins has been prompted by three main advantages over heparin, namely reduced anticoagulant activity relative to antithrombotic activity, more favorable benefit-risk ratios (antithrombotic effects versus bleeding potential) and superior pharmacokinetic properties [8]. With an increased clinical importance of low molecular weight heparins, more attention has also been paid in recent years to their non-anticoagulant effects, e.g. anti-cancer activity.

Parallel to the development of low molecular weight heparins, the introduction of heparin oligosaccharides has resulted from an improved understanding of the molecular basis of the coagulation cascade and non-anticoagulant effects associated with heparin [5, 9]. Based upon the discovery of the specific binding sequence in heparin to antithrombin, the Chaoy group succeeded in synthesizing the first chemically defined heparin oligosaccharides - pentasaccharide as a potent antithrombotic agent in 1980s [5, 10]. The majority of heparin oligosaccharides, however, is produced by chemical or enzymatic cleavage of heparin and, therefore, represents polysaccharide mixtures [11]. Even though some new investigations on heparin oligosaccharides have moved to their anti-inflammatory and neuroprotective actions, which may lead to the development of these agents for the treatment of Alzheimer’s disease [12], most of their biological functions and clinical implications are not fully known. The era of heparin oligosaccharides is just beginning.

NON-ANTICOAGULANT EFFECTS OF HEPARINS

The non-anticoagulant actions of heparins primarily include anti-inflammatory effects and interactions with growth factors. These effects may provide rationales for expanded use of heparins as well as the further development of heparin oligosaccharides and heparinmimetics in the neurological areas.

Anti-Inflammatory Effects of Heparins

Inflammation is mostly defined in terms of its processes [13]. It is initiated through immune recognition by T lymphocytes or antibodies, or by non-immune tissue injury. The effectors lead to multiple reactions through triggering, activation and extravasation of leukocytes and humoral cascade systems, which are collectively called inflammation. The physiological functions of this powerful response are to combat microbial invasion, to eliminate damaged tissue and eventually to repair damaged tissue. The self-limiting control mechanisms normally lead to health. However, pathological inflammation is often the result of inadequate control within the immune system leading to allergies or autoimmune diseases. Inflammation also contributes to morbidity in chronic infections (e.g. tuberculosis), chronic tissue injury (e.g. atherosclerosis) or acute tissue injury (e.g. acute myocardial infarction).

The role for endogenous heparin in inflammation is suggested by the fact that heparin is stored in mast cell granules and is released by several inflammatory effectors [14]. It is also well known that shortly after administration of heparin to patients with deep vein thrombosis, amelioration of pain and swelling occurs, indicating an in vivo anti-inflammatory effect of heparin [15]. Recent experimental studies have provided several mechanisms through which heparin may inhibit inflammatory reactions. These mechanisms include modulation of selectin-ligand interactions and integrin-dependent adhesion, interference of leukocyte extravasation and migration into tissues, inhibition of complement activation, interference with leukocyte chemotaxis and haptotaxis, and inhibition of platelet activation and aggregation [15]. In addition, it is becoming increasingly clear that coagulation augments inflammation and natural anticoagulants, in par-

Fig. (1). Molecular structures of the pentasaccharide sequence present in heparin and its synthetic derivative. Heparin is composed of alternating hexosamine (α-D-glucosamine) and hexuronic acid (α-L-iduronic acid or β-D-glucuronic acid) residues, joined as a disaccharide unit by (1,4)-glycosidic linkages. The natural pentasaccharide binds to antithrombin with a high affinity. A synthetic form of pentasaccharide (SR 90107A/Org 31540, fondaparinux) is the alpha methyl glycoside of the natural pentasaccharide, which exactly reproduces this unique sequence. SANORG 32701 is the synthetic analogue of natural pentasaccharide with the similar biologic effects.
ticular antithrombin, protein C and TFPI can limit the coagulation induced increases in inflammatory response [16]. Therefore, heparin may also exert its anti-inflammatory effects through interactions with these proteins. The main reason why heparin has not been used clinically for control of pathological inflammation is the high risk for bleeding.

Progress in the understanding of structure–activity relationships regarding anticoagulant effects and anti-inflammatory mechanisms of heparin have resulted in increased interest in heparin and its derivatives as a new treatment of inflammatory diseases. Two important findings have provided a basis for the development of heparin oligosaccharides in this area. Firstly, heparin’s inhibition of inflammatory responses is independent of its anticoagulant activity [17-19]. Secondly, heparin oligosaccharides exhibit similar or even better anti-inflammatory effects in comparison to heparin [20].

Since anticoagulant activity of heparin can be distinguished from its anti-inflammatory properties, many efforts have also been made in the development of heparin oligosaccharides in the treatment of inflammation-associated diseases, such as asthma and ischemia-reperfusion injury. Using a sheep asthma model, Ahmed and coworkers have demonstrated that inhaled heparin oligosaccharides can inhibit the antigen-induced airway responses and post antigen airway hyper-responses that lead to asthma attack [20]. This allergic activity of oligosaccharides is mediated by non-anticoagulant fractions and resides in chains with molecular weight of 2,500 Da. In a model of cerebral ischemia in rodents in which the animals are subjected to 1 h of ischemia and 48 h of reperfusion, the neural protective effects of heparin and low molecular weight heparins have been evaluated [21-22]. The treatment groups receiving heparin and enoxaparin showed a significant reduction in neutrophil accumulation, infarct size and neurological dysfunction 48 h after reperfusion. Although the authors concluded that neural protection was dependent upon the anti-leukocyte properties rather than the anticoagulant activity of heparins, the underlying mechanisms, in particular the structure-activity relationship, were not fully clear yet.

Heparins and Fibroblast Growth Factors

The interactions between heparins and fibroblast growth factors (FGFs) have been extensively studied for over two decades, and are still a subject of controversy. The potentiation of angiogenesis, i.e. growth of new blood vessels, by heparin was first reported by Folkman and colleagues, which eventually led to the discovery of modulatory effects of heparin on the mitogenicity and stability of FGFs [23].

FGFs comprise a family of at 22 structurally related proteins. The biological functions of FGFs are primarily associated with cell migration and differentiation; though also include diverse cellular and developmental processes, such as limb, inner ear and brain development, wound healing, early embryogenesis, skeletal growth and differentiation [24-27]. Additionally, FGFs play an important role in the neuronal responses to central nervous system injury. It has been demonstrated that many of the neurons that transport FGFs are affected in neurodegenerative diseases such as Alzheimer’s disease and Parkinson’s disease [28]. Hence, FGFs may be a potential neurotrophic factor for the slowing of cell death related to various neurodegenerative diseases.

The activity of FGFs is regulated at multiple levels. There are four fibroblast growth factor receptors (FGFRs) with an additional three splice variants, which are transmembrane tyrosine kinases displaying unique expression patterns and specific binding interactions [29]. Additionally, GAGs such as heparin or heparan sulfate are required for FGFs to bind to high affinity receptors and constitute another level at which FGF biologic activity may be modulated [30].

The mechanism by which heparin is involved in interacting with FGFs is largely unknown and several models have been proposed. The well-accepted ‘dynamic’ theory is that FGFs bind to heparan sulfate on the endothelial cell surface of the extracellular matrix (ECM), which acts as a reservoir for FGFs. Exogenous heparins compete with heparan sulfates for binding of FGFs, and may release these proteins from the ECM [23,31], as well as promote the activation of their receptors [32,33]. In man, therapeutic dosages of heparin can cause an increase in plasma levels of FGFs [34-36].

The molecular weight dependence of the heparin/FGFs interaction is reviewed by D’Amore [34] and Conrad [37]. It has been proposed that heparin oligosaccharides inducing mitogenic activities of the FGFs must be (a) saccharides longer than the smallest oligosaccharides required to bind to the FGFs, and (b) highly sulfated. Barzu et al. described the fractionation of heparin fragments on a column of immobilized FGFs; the smallest fragment, which bound to the column, was a hexasaccharide [38]. The bound fragments from 6 to 12 saccharides (hexa- to decasaccharide) were all capable of potentiating the mitogenic activity of FGF under the appropriate conditions. However, in a recent study on the interaction between various heparin oligosaccharides and FGF3, Ornitz et al. have reported that several synthetic unsulfated heparin di- and trisaccharides are capable of stimulating FGF3-mediated DNA synthesis in a lymphoid cell line. These results suggest that unique oligosaccharide structure rather than molecular weight is a more important determinant in the heparin/FGF interactions [39].

Despite the uncertainty about the interactions between heparin and FGFs, both heparin and FGFs are associated with Alzheimer’s disease. In a recent study, it has been demonstrated that β-amyloid fibrils and FGF-2 have common binding sites in heparan sulfate. β-amyloid fibrils and FGF-2 represent neurotoxic and neuroprotective pathways, respectively. Thus, heparin oligosaccharides might enhance the neuroprotective effects of FGF-2 by blocking the binding of β-amyloid fibrils with heparan sulfate [40].

HEPARIN OLIGOSACCHARIDES AND ALZHEIMER’S DISEASE

Alzheimer’s Disease

Dementia is characterized by ‘a decline in intellectual function severe enough to interfere with a person’s normal daily activity and social relationships [41]. Alzheimer’s disease (AD) is the most common form of dementing illness in the elderly and remains one of the major causes of death in the US. It is currently estimated that approximately 4 million people in the US have AD. This number is expected to rise
to 14 million by the year 2040, as the elderly population continues to increase, with the so-called ‘baby-boomers’ aging. Thus, the potential impact of AD is enormous, and projected costs for health care could rise dramatically if AD cannot be prevented or managed better than it is today. Currently, the national cost of AD is placed at $50-100 billion per year [42].

Alzheimer’s disease (AD) is characterized by three histopathological markers: amyloid deposition (senile plaques), neurofibrillary tangles (NFT), and neuronal cell loss in several cortical and subcortical regions. The main component of senile plaques is the β-amyloid peptide [43]. It is derived from a large trans-membrane protein, the amyloid precursor protein (APP) [44] and is thought to play an important role in the pathogenesis of AD. Mutations in the APP gene located on chromosome 21 are associated with familial AD [45]. The main component of the NFT is a paired helical filament, which consists largely of the microtubule associated protein tau in an abnormal state of hyper-phosphorylation [46]. More recent studies have indicated that mutations in a complex, 8-transmembrane-domain protein called presenilin (PS), at the PS1 and PS2 loci on chromosomes 14 and 1, respectively, PS1 exon 9 deletions, as well as changes in intronic polymorphisms at the PS loci account for a growing number of early and late-onset AD cases [104]. As with most APP mutations, the mutations in PS lead to increased generation of the Aβ42 peptide and elevated oligomer levels.

Although the exact pathogenesis of AD remains to be fully defined, several pharmacological strategies for preventing and treating AD are under active investigation. These strategies include cholinesterase inhibition [47], M1 agonist administration [48], administration of nerve growth factor [49], estrogen replacement therapy [50], antioxidants, and anti-inflammatory treatment [51-52]. More recently, new drug design has targeted molecular events involved in the pathogenesis of AD including β-amyloid and NFT formation [53-55].

Low molecular weight heparins and heparin oligosaccharides have been proposed as promising agents in the management of AD due to their multiple interventions on the pathogenesis of AD. These interventions are summarized in the following sections including potential competitive interactions with proteoglycans, vascular effects, interactions with serpins and anti-inflammatory actions.

Proteoglycans and Vascular Risk Factors

Proteoglycan Hypothesis

Antiamyloid strategies may theoretically fall into several categories: reducing Aβ overproduction, inhibiting Aβ aggregation, and favoring its clearance. Reduction of Aβ production and enhancement of its clearance have been limited due to certain factors such as lack of knowledge in general. The antiaggregation approach is primarily based upon proteoglycan hypothesis, which is represented by commercial efforts at blocking the promotion of amyloidogenesis.

Heparan sulfate and related proteoglycans (PGs) have been implicated in the progressive development of polymerized amyloid-β (Aβ) deposits and other pathophysiological effects in AD [56]. This hypothesis is based on the fact that PGs and glycosaminoglycans (GAGs) are found in a number of peripheral amyloidoses including reactive systemic amyloidoses, which are secondary to chronic inflammatory conditions. Although AD amyloid plaques are different from peripheral amyloidoses, they share certain characteristics, such as β-pleated secondary structures that associated with PGs. Studies have shown that the association between PGs and amyloid plaques in AD may be due to specific binding of Aβ sequence and APP to PGs as well as to GAGs [56-58]. Functional GAG mimics, including heparins, which have been shown to block the binding of heparan sulfate PGs to the APP molecule could theoretically be beneficial in preventing plaque deposition with aging.

Moreover, PGs have been shown in both in vitro and in vivo models to increase the aggregation rate of Aβ into β-pleated fibrils [57-59]. Snow et al have shown that after Aβ along with heparan sulfate PG was infused into the lateral ventricles of the rat, there was an increased fibrillar Aβ deposition in the neuropil [60]. Interestingly, in the same study when the Aβ and GAGs were infused together, no deposition was detected. However, they did not test whether the effects of heparan sulfate PG could be blocked by co-infusion with GAGs. PGs have also been shown to increase the polymerization of tau proteins into paired-helical filaments, which make up the neurofibrillary tangles of AD [61-63]. Theoretically, GAGs could also decrease the polymerization of tau and block the formation of neurofibrillary tangles by competing with PGs. Based on this theory, a small synthetic molecule, namely tramiprosate (Alzhemed™), which shares certain functional properties of GAGs, has been designed in attempt to modify the course of AD by binding to the soluble amyloid β peptide and interfere with the amyloid cascade that is associated with amyloid deposition and the toxic effects of Aβ peptide in the brain [105]. In a recently completed phase II clinical trial for Alzhemed™ in patients with mild-to-moderate Alzheimer’s disease, promising results were revealed [106]. For example, a significant decrease in amyloid protein was observed in patients’ cerebrospinal fluid after three months of treatment. Furthermore, the majority of patients on the highest dose of Alzhemed™ showed, at the 20 month time point of the open-label extension study, stable results on cognitive functioning as measured by the Alzheimer’s Disease Assessment Scale, Cognitive Subpart, especially in mild AD patients [107].

Vascular Risk Factors

Alzheimer’s disease (AD) is a primary degenerative dementia and is not considered to be of vascular origin. Indeed, stroke and severe cerebrovascular diseases are generally exclusionary for the clinical diagnosis of AD. However, both epidemiological and neuropathological studies have recently suggested an association between AD and several vascular risk factors, such as thrombosis and atherosclerosis [64].

One of the milestone studies carried out to determine the risk factors associated with AD is the Rotterdam Study. More than 7000 elderly subjects have been studied since 1990 in a series of reports consisting of demented subjects and non-demented, age-matched controls [65]. On the basis of the data gathered in this study, it was concluded that vascular risk factors and indicators of vascular disease, particularly in elderly subjects, have an association with AD [66].
The risk factors for AD reported in the Rotterdam Study include the following: diabetes mellitus, thrombosis, high fibrinogen concentrations, high serum homocysteine, atrial fibrillation, smoking, and atherosclerosis. All these conditions have a vascular involvement and are known to reduce cerebral perfusion [67]. Since heparins are extensively used in the modulation of the vascular functions, their effects on the brain and peripheral vasculatures may theoretically benefit AD patients.

Serine Proteases and Serine Protease Inhibitors

Serine Proteases

The serine proteases are a family of enzymes that catalyze the hydrolysis of covalent peptide bonds of other proteins [68]. This activity depends on a set of amino acid residues in the active site of the enzyme, one of which is always a serine, thus accounting for their name. In mammals, serine proteases perform many important functions, especially in digestion, blood clotting, and the complement system [69].

Three protein-digesting enzymes secreted by the pancreas are serine proteases including chymotrypsin, trypsin and elastase. These three enzymes share similar tertiary as well as primary structures. In fact, the active serine residue is at the same position (Ser-195) in all three. Despite their similarities, they have different substrate specificities; that is, they cleave different peptide bonds during protein digestion. Several activated clotting factors and fibrinolytic proteins are serine proteases as well, such as factors VIIa, IXa, Xa, XIa, XIIa, prekallikrein, thrombin, plasmin, and tissue plasminogen activator. The control of blood clotting by the cascade of protease activation has been reviewed in the previous sections. In addition to protein digesting enzymes and clotting factors, several proteins involved in the complement cascade are serine proteases, including C1r and C1s, the C3 convertases, C4b2a, and C3bBb, which possess potent pro-inflammatory effects. The role of serine proteases in the pathogenesis of AD is not fully understood. Table 1 summarizes the recent studies on several serine proteases and their association with AD.

Serine Protease Inhibitors and Alzheimer’s Disease

Serpins is an acronym given to a large family of serine protease inhibitors that share a complex, but well-conserved, tertiary structure. Members of the family are diversely present in viruses, insects, plants and higher organisms, but not in bacteria or yeast [70]. Serpins share about 30% homology and have similar tertiary structure and inhibition mechanisms [71]. Each serpin plays a role in inhibiting excessive action of its specific target proteases. The serpins combine with proteases to form inactive complexes, which are then cleared from the circulation. The serpins are, in fact, suicide substrates for their target proteases in that they interact with the active sites on the proteases and are cleaved by proteases [72].

Although serpins regulate the activity of proteases involved in such diverse processes as coagulation, fibrinolysis, inflammation, cell migration, and tumor–genesis as depicted in Table 2, the physiological role of serpins remains largely unknown. For example, in vitro studies have demonstrated trypsin and plasmin as target proteases of antithrombin (AT), but the reaction of trypsin and plasmin with AT in vivo is too slow to be of any physiological importance [73]. In addition, the expression of AT has been recently detected in the cerebral cortex and brain microvessels [74], suggesting its role in the maintenance of neuronal integrity. Thus, the tissue distribution patterns of serpins can provide clues about their physiological function.

Recently, a number of serpins have been linked with AD as summarized in Table 2, including AT, α1-antichymotrypsin, α1-antitrypsin, neuroserpin, protease nexin I, and tissue factor pathway inhibitor [72,75,76]. The pathological mechanisms behind this linkage are not fully understood. Carrell and Lomas have proposed a ‘serpinopathies’ model.

Table 1. Serine Proteases Possibly Involved in the Pathogenesis of Alzheimer’s Disease (AD)

<table>
<thead>
<tr>
<th>Serine proteases</th>
<th>Functions</th>
<th>Potential Role in the Pathogenesis of Alzheimer’s Disease</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trypsin</td>
<td>Protein digestion</td>
<td>Present in senile plaques</td>
<td>[91]</td>
</tr>
<tr>
<td>Factor IIa (thrombin)</td>
<td>Coagulation protease</td>
<td>Inducing APP secretion, cleaving APP into amyloidogenic fragments, increased in senile plaques</td>
<td>[92]</td>
</tr>
<tr>
<td>Factor Xa</td>
<td>Coagulation protease</td>
<td>Cleaving APP into amyloidogenic fragments</td>
<td>[93]</td>
</tr>
<tr>
<td>Factor XIa</td>
<td>Coagulation protease</td>
<td>Cleaving APP and modulating APP-mediated cell adhesion</td>
<td>[94]</td>
</tr>
<tr>
<td>Factor XIIa</td>
<td>Coagulation protease</td>
<td>Present in senile plaques</td>
<td>[95]</td>
</tr>
<tr>
<td>Kallikrein 8</td>
<td>Coagulation protease</td>
<td>High mRNA levels in the hippocampus</td>
<td>[96]</td>
</tr>
<tr>
<td>Plasmin</td>
<td>Fibrinolysis protease</td>
<td>Cleaving APP, reduced in AD brains</td>
<td>[97]</td>
</tr>
<tr>
<td>uPA</td>
<td>Fibrinolysis protease</td>
<td>Present in senile plaques</td>
<td>[98]</td>
</tr>
<tr>
<td>tPA</td>
<td>Fibrinolysis protease</td>
<td>Present in senile plaques</td>
<td>[98]</td>
</tr>
<tr>
<td>C1q, C3, C4, C5 C6, C7, C8, C9</td>
<td>Complement proteins</td>
<td>Highly co-localized with amyloid deposits and neurofibrillary tangles</td>
<td>[99]</td>
</tr>
</tbody>
</table>

APP, amyloid precursor protein.
to describe the pathogenesis of common neurodegenerative
diseases using structural biology, in which point mutations
of serpins eventually lead to conformational
abnormalities, such as the amyloid aggregation, and AD [77]. On the other
hand, Janciauskiene et al. reviewed various neuroinflammatory
factors involved in AD and proposed serpins as a part of
anti-inflammatory mechanism. More interestingly, PGs and
GAGs were also involved in neuroinflammation and AD,
even though their functions, in particular interactions with
serpins were not clear.

Tissue Factor Pathway Inhibitor and Alzheimer’s Disease

Tissue factor pathway inhibitor (TFPI) is a member of the
serpin superfamily. Like several other serpins, a strong
expression and significantly elevated amount of TFPI in
frontal cortex in AD patients were demonstrated by Hollister
et al. using immuno-histochemical localization. It is still
unclear whether the increase in TFPI is due to a compensa-
tory mechanism in which the functionality of TFPI
decreases, or is the etiology in AD. Since TFPI is localized to
microglia in both AD and non-AD individuals and to senile
plaques, Hollister et al. suggested that TFPI might play a cell
specific role in protease regulation in the brain [75].

Tissue factor pathway inhibitor (TFPI) is also involved in
the regulation of atherosclerosis, which is one of the vascular
risk factors of AD. Westrick et al. evaluated the effect of
heterozygous TFPI deficiency on the development of athero-
sclerosis and thrombosis in atherosclerosis-prone mice [78].
Compared with mice with a normal TFPI genotype, mice
with a TFPI deficiency exhibited a greater atherosclerotic
burden and more tissue factor activity within the plaques
involving the carotid and common iliac arteries. These
observations indicated that TFPI protects from atherosclerosis
and is an important regulator of the thrombosis that occurs in
the setting of atherosclerosis.

Heparin Oligosaccharides and Alzheimer’s Disease

Heparins are considered conventionally as cardiovascular
medicines. The introduction of heparins in the treatment of
AD was based on the hypothesis that heparins might im-
prove the cerebral microcirculation through its anti-
 thrombotic effects [79]. However, the hemorrhage potential and
adverse effects of heparin hindered its neurological applica-
tions. With the introduction of non-anticoagulant heparin
oligosaccharides and a better understanding of the vascular
risk factors associated with AD, the re-evaluation of heparins
as a potential therapy for Alzheimer’s disease has been car-
ried out in both pre-clinical and clinical studies.

In a study by Lorens et al., aged rats showed a significant
partial reversal of age related behavioral deficits following
a high molecular weight GAG polysulfate (Ateroid™) ad-
ministration [80]. Biochemical observations showed that Ater-
oid™ counteracted the age-related reduction in dopamine
metabolites and also aided in the normalization of stress in-
duced corticosterone secretion seen in the aged rats. Conti et
al. prescribed Ateroid™ for primary dementia patients.
These patients showed significant improvements in objective
performance, psychology, and social behavior over placebo
groups [81]. Parnetti et al. showed that prescribed doses of
Ateroid™ could significantly improve certain biochemical
abnormalities found in primary dementia [82]. In recent
studies, Walzer et al. have tested the neuroprotective effects
of a LMWH-certoparin in an animal model mimicking the
pathology of AD. A significant decrease of tau toxicity by
certoparin was observed among treated animals [83]. Using
the same animal model, Dudas et al. demonstrated the pro-
ective effects of a heparin oligosaccharide mixture on the
brain after the injection of amyloid peptide into the amy-
gdale [84].

Despite the positive results obtained from these studies,
the underlying mechanisms behind the effects of heparins
on AD are not clear. Snow and Wight have proposed that hepa-
arin GAGs might interfere directly with endogenous PGs
[85]. Both in vitro and in vivo studies have provided experi-
mental evidence to support this hypothesis that heparin oli-
gosaccharides pass through the blood brain barrier [86-87].
In addition, heparins might also participate in the regulation
of cerebral vascular functions by interactions with endoge-
 nous serpins, such as tissue factor pathway inhibitor [88].
Since both PGs and serpins are associated with neuro-inflam-
mation [72], it is likely that the anti-inflammatory effects
in the central nervous system also contribute to the overall
mechanism of heparins in AD as illustrated in Fig. (2).

CONCLUSION

The rationales behind development of heparin oligosac-
charides for the treatment of senile dementia are rather com-
plicated. They might be mainly associated with three factors

Table 2. Serine Protease Inhibitors Possibly Involved in the Pathogenesis of Alzheimer’s Disease

<table>
<thead>
<tr>
<th>Serpins</th>
<th>Functions</th>
<th>Expression in Alzheimer’s Disease</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alfa1-antichymotrypsin</td>
<td>Acute-phase protein in inflammation</td>
<td>Increase in senile plaques</td>
<td>[100]</td>
</tr>
<tr>
<td>Alfa1-antitrypsin</td>
<td>Acute-phase protein in inflammation</td>
<td>Increase in senile plaques</td>
<td>[101]</td>
</tr>
<tr>
<td>Antithrombin</td>
<td>Destruction of released coagulation proteases, natural anticoagulant</td>
<td>Increase in senile plaques</td>
<td>[74]</td>
</tr>
<tr>
<td>Plasminogen activator inhibitor</td>
<td>Inhibition of plasminogen activator; regulation of fibrinolysis</td>
<td>Increase in senile plaques</td>
<td>[102]</td>
</tr>
<tr>
<td>Protease nexin I</td>
<td>Natural anticoagulant in the central nervous system decrease in the brain</td>
<td>Increase in senile plaques,</td>
<td>[103]</td>
</tr>
<tr>
<td>Tissue factor pathway inhibitor</td>
<td>Inhibition of tissue factor and factor Xa; natural anticoagulant</td>
<td>Elevation in frontal cortex</td>
<td>[75]</td>
</tr>
</tbody>
</table>
involved in the etiology of AD, namely proteoglycans, inflammation and vascular deficits. It is hypothesized that these agents may exert their therapeutic effects by interfering with the proteoglycan-induced amyloid and tau abnormality in AD. Recent studies have supported this hypothesis showing that low molecular weight heparins and related oligosaccharides are capable of attenuating proteoglycan-associated tau toxicity in rat brain [83-84].

Inflammation is known to play an important role in the pathogenesis of AD [72]. Even though heparin and low molecular weight heparins have potent inhibitory effects on inflammation, it is unknown whether lower molecular weight glycosaminoglycans also possess this property. In our previous studies, oligosaccharides were demonstrated to release TFPI from endothelium, which is considered to be part of the vascular control of inflammation [16]. It has not been definitively proven that the anti-inflammatory effects of heparin oligosaccharides are associated with their beneficial effects in models of AD. A recent study has shown that heparin and related oligosaccharides exhibit remarkable anti-inflammatory effects and attenuate beta amyloid mediated neurotoxicity in the PC12 cells, suggesting a correlation between anti-inflammation and therapeutic potential in the treatment of AD [89]. The underlying mechanisms of these effects have been proposed to be related to the inhibitory effects of heparin oligosaccharides on inflammatory mediators, such as the complement system, L-selectin, P-selectin and phospholipase A2 [14, 89, 90].

To date, several vascular risk factors such as arteriosclerosis and thrombosis have been suggested to play a role in the etiology of senile dementia. Even though heparin is well known for its vascular effects, it is not clear whether heparin oligosaccharides possess the same effects as heparin. In our previous studies, heparin oligosaccharides showed relatively weak antithrombotic effects in comparison to heparin and low molecular weight heparins. Furthermore, the treatment of senile dementia is a rather long-term management; there is no data available regarding the long-term vascular effects of heparin or its derivatives. It is also unclear whether maintaining a slight antithrombotic effect through long-term treatment with oligosaccharides would decrease vascular risks in AD patients. If this were the case, this treatment would be suitable as a preventive means for AD.

In summary, the development of heparin oligosaccharides has progressed such that two glycosaminoglycan agents are in the different phases of clinical development. In addition, several other ultra low molecular weight heparins and heparinomimetics are in the various phases of pre-clinical development (Table 3). The clinical spectrum of these agents may not only include the management of AD, but also encompass a wide array of diseases, such as thrombosis, cancer, inflammatory disorders, sepsis, hypertension and diabetes. Despite this remarkable progress in this area, there still remains a considerable amount of research work unexplored to understand that chemistry and biology of heparin oligosaccharides. It is therefore projected that with advanced technology and structure-activity relationship studies, many newer agents may be designed based on heparin oligosaccharides or their combinatory components. Thus, heparin oligosaccharides may have major impact on drug development in the coming years.

Fig. (2). Potential mechanisms of heparin oligosaccharides in the treatment and prevention of Alzheimer’s disease. Heparin oligosaccharides may act at multiple sites. They are capable of releasing tissue factor pathway inhibitors (TFPI) from endothelial cell that exert anti-inflammatory and anti-atherosclerosis effects. After passing through the blood-brain barrier, they may interact with proteoglycans (PGs) to block the assembling of beta amyloid peptide (Aβ4) and PGs and senile plaque formation (APP: amyloid precursor protein).
Table 3. Glycosaminoglycans and Mimetics Under Development for the Treatment of Alzheimer’s Disease

<table>
<thead>
<tr>
<th></th>
<th>HF0402 (C3)</th>
<th>Ateroid®</th>
<th>Alzheimed™</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chemistry</td>
<td>Very low molecular weight glycosaminoglycan</td>
<td>Glycosaminoglycan polysulfate</td>
<td>3-amino-1-propanesulfonic acid (triamprolate)</td>
</tr>
<tr>
<td>Administration</td>
<td>iv, sc, po</td>
<td>po</td>
<td>po</td>
</tr>
<tr>
<td>Pharmacology</td>
<td>Alzheimer’s disease, protection against neuronal cell death, neuronal repair, prevention of amyloid peptide-induced toxicity in the brain via a number of sites of activity, growth factor-like neurotrophism</td>
<td>Multi-infarct dementia, ischemic vascular dementia, old-age dementia, the behavioral effects may be due to normalizing influence on dopamine neurotransmission in the nucleus accumbens</td>
<td>Alzheimer’s disease, modify the course of disease through anti-amyloid activity: binding to soluble amyloid beta protein, preventing and stopping the formation and the deposition of amyloid fibrils in the brain, and reducing the amyloid-induced toxicity on neuronal and brain inflammatory cells</td>
</tr>
<tr>
<td>Adverse effects</td>
<td>Little anticoagulant effects, well tolerated in healthy volunteers</td>
<td>Well tolerated in dementia patients; vital signs and laboratory measures did not show clinically significant changes</td>
<td>Well tolerated in patients; most frequent adverse events were nausea and vomiting</td>
</tr>
<tr>
<td>Clinical trial</td>
<td>Single dose, Phase I study planned</td>
<td>Marketed in Europe and Asia</td>
<td>Phase III clinical trials</td>
</tr>
</tbody>
</table>

REFERENCES

References 108-110 are related articles recently published in Current Pharmaceutical Design.

Heparin Oligosaccharides as Potential Therapeutic Agents


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